

**SAQ Advanced Skills Volleyball Camp
July 24-26
Peter W. Stott Center**

CAMPER INFORMATION

Name: _____

Address: _____

City, State, Zip: _____

E-mail: _____

Age/DOB: _____

Home Phone: _____

Parent's Phone: _____

Grade (Fall of '09): _____

T-Shirt Size: _____

CAMP COSTS AND TIMES

Friday, July 24 – Sunday, July 26
9:00 a.m.-8:00 p.m. (9am-5pm final day)

Cost Per Camper: \$400.00 (Includes meals & housing)
Non-refundable deposit: \$100.00 (Due June 1st)
Make checks payable to: SAQ

CAMP CONTACT INFORMATION

Katie Opheikens, Assistant Coach
Office: 503.725.3852
E-mail: kaysink@pdx.edu



SAQ Volleyball Camps
PO Box 9253
Portland, OR 97207



**SAQ ADVANCED SKILLS
VOLLEYBALL CAMP**

**Run By Portland State
Head Coach Michael Seemann**

**JULY 24-26
PETER W. STOTT CENTER**



**BACK-TO-BACK
BIG SKY CHAMPIONS**

SAQ VOLLEYBALL CAMPS

ADVANCED SKILLS CAMP STAFF

Michael Seemann - Head Coach

**2008 Honorable Mention
National Coach of the Year – CVU.com**

In just two short years as the head coach of the Portland State Volleyball Program Michael Seemann has led the Vikings to success they have never seen in their Division I era. Seemann guided the Viks to the 2007 Big Sky Conference regular season title and then this past year his team advanced to the NCAA Division I Tournament for the first time in school history. That came after his squad won their first-ever Big Sky Tournament championship. His two-year record of 41-17 is the best amongst Big Sky coaches and he was honored this year as one of four coaches nationwide as an honorable mention National Coach of the Year by The Collegiate Volleyball Update (CVU.com). Seemann brings a creative and innovative approach to coaching his team and in the advanced skills camp.

Katie Opheikens - Asst. Coach/Camp Director

Katie Opheikens has been an assistant coach at Portland State since 2002 and has been a part of some of the most successful years in Viking volleyball history. The Vikings have posted four-straight 20-win seasons and numerous players have earned all-conference honors under her tutelage. Opheikens has coached at the club level for over nine years and brings both a knowledge and energy to the floor that will transfer to the camp atmosphere. A former setter for the Vikings, Katie currently is coaching for the Nike Northwest Juniors.

Current and former Portland State players will also staff the camp.

ADVANCED SKILLS CAMP INFORMATION

This camp is geared towards advanced high school and club athletes looking to maximize their volleyball potential. The SAQ Advanced Skills Camp offers a high level of training and increased competitive situations for each athlete.

The use of digital video will enhance the learning process. Those players whose goals are to improve their technical and tactical knowledge of the game will find a challenging and rigorous program with excellent competition and outstanding instruction.

This camp will feature three sessions each day with the first one starting at 9:00 a.m. The first two days of camp will conclude at 8:00 p.m., and the last day of the camp will conclude at 5:00 p.m. Meals and housing are provided during the camp.

* In order to attend the Advanced Skills Camp you must meet at least one of the following requirements:

- At least one season of high school varsity experience.
- At least two seasons of club level at the 16's or 18's level.

PSU VOLLEYBALL HIGHLIGHTS

- Four straight 20-win seasons.
- 83-33 over the past four seasons.
- 48-14 in the Big Sky Conference over the past four seasons.
- 41-8 at home over the past four seasons.
- 2008 NCAA Tournament participants.
- 2008 Big Sky Tournament champions.
- 2007 Big Sky regular season champions.
- 10 first or second team All-Big Sky Conference selections over the past four seasons.

MEDICAL RELEASE INFORMATION

Name: _____

Address: _____

City, State, Zip: _____

Medical Insurance Company: _____

Subscriber: _____

Group Number: _____

ID Number: _____

I hereby authorize my child's participation in the SAQ Advanced Skills Volleyball Camp. I know of no mental or physical problems which may affect my child's ability to safely participate. The camp staff is authorized to attend to any health problem or injury that may occur while attending the camp.

I understand that my child must have current and active medical insurance before they can attend the camp. Neither I or my child will hold the SAQ Advanced Skills Volleyball Camp or Portland State University liable for any injury or expenses related to injuries while my child is at the camp.

Signature of Guardian: _____

