



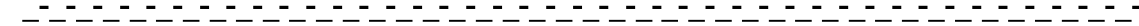
**JUNIOR TROJAN  
VOLLEYBALL CAMP 2009  
WILSON HIGH**



Ages:..... 6<sup>th</sup> 7<sup>th</sup> and 8<sup>th</sup> Graders  
 Location:..... Wilson High School Gymnasium  
 Dates:..... July 27<sup>th</sup> – 30<sup>th</sup>  
 Time(s):..... 9:00 am – 12:00  
 Cost:..... \$55 (Please make checks payable to Wilson Volleyball)  
 Registration:..... You may mail registration forms to Coach Glisson at 1151 SW Vermont,  
 Portland, OR 97219 prior to camp, otherwise, registration will be on the 27<sup>th</sup> at 8:30 A.M. (Limit of  
 50 players).

**Ashley Glisson, head volleyball coach at Wilson High, will direct Junior Trojan Camp at Wilson High. Coach Glisson, along with her coaching staff, has designed Trojan Camp with the goal of providing middle school athletes with instruction on the fundamentals of volleyball and position-specific training. Each day athletes will receive individual instruction and be given the opportunity to put new knowledge into practice in game-like situations. Skills will include:**

- \*Defense                                      \*Serve/Receive                                      \*Setting
- \*Hitting    \*Blocking    \*Serving
- \*Tournament Play                                      \*Communication                                      \*Teamwork



Name \_\_\_\_\_ Grade \_\_\_\_\_  
 Experience (Circle One)    Beginner    Intermediate    Advanced

Address \_\_\_\_\_

Phone # \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

T-Shirt Size (Circle One) S M L XL

\*If you have any questions, please contact Coach Glisson at: coach.aglisson@gmail.com